

## APPENDIX 7: OFFICIAL KATA LIST

### Kata List

A List for (Beginners): 0-1 Year Experience.	A List for (Novice): 1-2 Year Experience.	
1. Gekisai Daichi	1. Fukyu Ichi	13. Pinan Shodan
2. Gekisai Daini	2. Fukyu Ni	14. Pinan Nidan
3. Fukyu Daichi	3. Fukyu San	15. Pinan Sandan
4. Fukyu Daini	4. Gekisai Daichi	16. Pinan Yondan
5. Heian Shodan	5. Gekisai Daini	17. Pinan Godan
6. Heian Nidan	6. Gekisai Dai San	18. Taikyoku
7. Junino	7. Heian Shodan	19. Ten No Kata
8. Kihon Kata	8. Heian Nidan	
9. Pinan Shodan	9. Heian Sandan	
10. Pinan Nidan	10. Heian Yondan	
11. Taikyoku	11. Heian Godan	
12. Ten No Kata	12. Junino	

A List for (Intermediate): 2-4 Year Experience.		
1. Ananku		28. Naifanchin Nidan
2. Arakaki Sochin		29. Naifanchin Sandan
3. Aoyagi		30. Naihanchi
4. Bassai		31. Nijushiho
5. Bassai Dai		32. Niseishi
6. Bassai Sho		33. Pachu
7. Chinte		34. Passai
8. Enpi		35. Rohai
9. Garyu		36. Saifa
10. Hangetsu / Seisan	(Not Goju)	37. Sanchin
11. Hauffa (Haffa)		38. Sanseiru
12. Ishimine Bassai		39. Sanseru
13. Itosu Rohai Shodan		40. Seichin
14. Itosu Rohai Nidan		41. Seienchin (Seiyunchin)
15. Itosu Rohai Sandan		42. Seipai
16. Jiin		43. Seiryu
17. Jion		44. Shinpa
18. Jitte		45. Shinsei
19. Juroku		46. Shisochin
20. Kanku Dai		47. Tekki Shodan
21. Kousoukun Dai		48. Tekki Nidan
22. Kusanku	(Only Wado Kata)	49. Tekki Sandan
23. Matsukaze		50. Tensho
24. Matsumura Rohai		51. Wankan
25. Meikyo		52. Wanshu
26. Myojo		53. Wanshin (Kobayashi)
27. Naifanchin Shodan		

**A List for (Advanced and Elites) +4 Years experience is all kata listed above as well as all kata listed on the WKF Official Kata List.**