



KARATE CLASSES

USA WADORYU

Chief Instructor: Sensei Shoji Nishimura

Assistant Instructors: Ronald Murayama, Emma Cusack, Max Nishimura

(Effective September 2010)

MONDAY	TUESDAY	WEDNESDAY	SATURDAY	SUNDAY
		Adults 10:00 - 11:15a.m.	Kobudo Class 9:30-10:00a.m.	
Kobudo Class 5:30-6:00p.m.	Beginner Kids 4:30-5:00 p.m.	Beginner Kids 4:30-5:00 p.m.	Beg. Kids & Adults 10 - 11a.m. Novice & Int. Kids 10:00-11:30a.m. Adv. Kids & Adults 10:00-12:p.m.	Karate Class 3:00 - 4:15 p.m.
Novice Kids 6:00 - 7:30p.m.	Novice Intermediate Kids 5:00 - 6:30p.m.	Novice Intermediate Kids 5:00 - 6:30p.m.		
Intermediate Kids 6:00 - 7:30p.m.	Intermediate Kids 6:00 - 7:30p.m.	Intermediate Kids 6:00 - 7:30p.m.		
Advanced Kids 6:00 - 8:00p.m.	Advanced Kids /Adults 6:00 - 8:00p.m.	Advanced Kids /Adults 6:00 - 8:00p.m.		
	Teens / Adults 8:00 - 9:00p.m.	Teens / Adults 8:00 - 9:00p.m.		