



Newsletter Date

Volume 1, Issue 1

USA WADO-RYU NEWSLETTER SEPT./OCT. 2009

Message from Sensei



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Dear Students and Parents,

I hope everyone had a great summer. With fall approaching and school starting up again, I would like to recap what we did in the past few months. We had our summer camp at the main Dojo, the OC fair, the annual beach party, and the National and International tournament in Tokyo, Japan. At the camp, we practiced new kumite techniques, learning how to score your punches and kicks effectively. The OC fair demonstration had a great turnout with over 40 students demonstrating Individual and group skills which include katas, self defense techniques, breaking boards, lai and knife defense. It was a great demonstration and I would like to thank everyone for

their participation. Soon after, we competed in the World Wado-ryu championship and National championship in Tokyo, Japan. This event had over 1200 participants competing from all over the world. Our main dojo sent Jessica Uchi (16), Steven Uchi (13) and Deion Pagaduan (12) to compete. Everyone tried their best but unfortunately, they were unable to place. I look forward to them and others competing in the near future. Davis Evans, a former main dojo student placed 4th. I also competed in both tournament and won 3rd place in Kata. I was a bit disappointed because I wanted to win 1st place. In any case, I would like to point out that there is no shortcut to becoming good at something; you have to practice

everyday and never give up.
Thank you,
Sensei



Mae-geri

Technique of the month

Everybody know this kick. When you come to join in the class, Sensei teach you this kick. This kick is very simple and strong. Always knees up more than 90 degree and snap your leg sharp. And keep your toes up then kick your target. And don't lose your balance. I hope all student more practice this great kick. Thank you.
Sensei



Danika and Deanna Pagaduan

Student Profile Danika Pagaduan

My name is Danika Pagaduan. I have been doing karate for three years now and I still enjoy coming to the Dojo whenever I can. My favorite sports and hobbies are Karate, Gymnastics and riding bicycle, going to the movies, playing the

piano and of course going to the happiest place on earth..Disneyland. (yeey) I also enjoy eating different kinds of good food and sweets. I have a sister Deanna, who is my best friend in the world and two brothers Deion and Dylan, We all go to

wado ryu karate. I hope to be a very good gymnast someday and I will work hard just as I have in karate. I believe that whenever a person works hard, and does something good, he/she will always be rewarded.

Japan Goodwill Tournament september 2009





Inside Story Headline

Main Dojo KYU TEST Promotion

August 5, 2009

Orange (13th)

Tyler Ramirez

Yellow (12th)

Tobimaru Nagai

Blue w/s (10th)

Stephanie Tam

Kensuke Tokutsu

Green (9th)

Alicia Haumann

Purple (7th)

Michael Veas

Purple w/s (6th)

Tanner Mauro

Red (5th)

Tyler Genevay

Sabrina Medina

Red w/s (4th)

Quentin Frivaldi-Vargas

Danika Pagaduan

Brown w/s (2nd)

Jessica Uchi

Brown w/2stripes (1st)

Deanna Pagaduan

Steven Uchi

Black w/s (Shodan-Ho)

Deion Pagaduan

Sasha Shirman

STUDENT OF THE

MONTH

SPIRIT AWARD

ACHIEVEMENT AWARD

Huntington Beach

KYU TEST promotion

August 15, 2009

Orange (13th)

James Broussard

Brian Guthrie

Cooper Hayashi

Evan Hollenbeck

Kira Johnson

William Lawler

Alex Lee

Damian Mietkiewicz

Alex Ngo

Jonathan Ngo

Nathan Peterson

Calder Sorensen

Lauren Taylor
Shea Vandergrift
Dylan Vo
Ethan Vo
Joshua Wheelen

Yellow (12th)

Bryan Davis

Matthew Davis

Michael Davis

Shawn Guthrie

Ryan Hubis

Savanna Kondo

Sophia Kondo

Courtney Morus

Nolan Walt

Blue (11th)

Julie Nguyen

Matthew Nguyen

Alyssa Real

Green w/s (8th)

Kenneth McGrath

Purple (7th)

Jax Johnson

Purple w/s (6th)

Kyle Acocello

Red (5th)

Steven Chin

Lee Timmen

Conrad Walt

Red w/s(4th)

Sean Prager

Brown (3rd)

Aidan Lee

Matthew Tsai

Student of the Month

Ryan Hubis

Conrad Walt

Spirit Award

Shawn Guthrie

Kyle Acocello

Achievement Award

Brian Guthrie

Kenneth McGrath

YMCA KYU TEST

Promotion Results

Aug. 1, 2009

Orange (13th)

George Buck

Skylar Buck
Joshua Hee
Nicholas Lew
Daniel K. Ring
Justin Charles Tandoc
Edwin Voorhees
Yellow (12th)
Brandon Acosta
Charanyan Sriram
Blue (11th)
Andrea Sanchez
Jan-Michael Sanchez
Blue w/s (10th)
Nervana Fadle
Nouran Fadle
Anthony v. Gutierrez
Matteo Marsella
Keanu Miyashiro
Green (9th)
Vincent Nguyen
Arturo Torres Jr.
Green w/s (8th)
Raymond Chlebeck
Mikael P. Lamayo

STUDENT OF THE MONTH

Raymond Chlebeck

Keanu Miyashiro

SPIRIT AWARD

Nicholas Lew

Vincent Nguyen

ACHIEVEMENT AWARD

Andrea Sanchez



"I think about the kata and what it means to me every day."



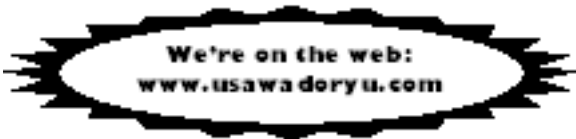


Birthday Celebrants

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Email: usawado@cox.net




USA WADO-RYU



Happy Birthday!!!

September Birthdays

Stephanie Nwaiwu (1st)
Daniel K. Ring (1st)
Kyle Acocello (2nd)
Nolan Anderson (2nd)
Tim Hall (5th)
Nico Brown (6th)
Hana Chin (7th)
Alyssa Real (8th)
Ivana Rihter (8th)
Matthew Tsai (8th)
Kira Johnson (9th)
Demar Gonzalez (10th)
Ariana Rihter (10th)
Edwin Voorhees (10th)
Emma King (11th)
Sabrina Medina (11th)
Yuya Kamiya (13th)
Keanu Miyashiro (13th)
Max Haumann (16th)
Timothy Elmore (17th)
Ron Murayama (17th)
Scott Stone (17th)
Akira Tokutsu (17th)
Richard Chin (19th)
Kiara Gries (19th)
Aidan Lee (22nd)
Matthew Harris (24th)
Neil Saaty (24th)
Frank Masi (26th)
Duc Pham (28th)
Devin Sanchez (28th)
James Bennett (29th)
Breanne Yamamoto (29th)

October Birthdays

Daniel Iba (2nd)
Henry Schneekluth (2nd)
Evan Hollenbeck (3rd)
Patty Iba (3rd)
Nicholas Lew (3rd)
Justin Charles Tandoc (3rd)
Rianne Dalusag (4th)
Jeret Zebedee Ranches (5th)
Skylar Beck (10th)
Rachel Finn (11th)
Noah King (11th)
Alexis Rose Potar (11th)
Cathy Counihan (12th)
Michael Janiel (12th)
Arielle Masterenko (14th)
Yavor Kirilov (15th)
William Lawler (15th)
Sasha Shirman (15th)
Shayne Ward (15th)
Matthew Nguyen (16th)
Joey Bush (17th)
Brian Speakman (17th)
Joe Drucker (18th)
Joseph Nye (19th)
Maya Crocker (20th)
Miranda Hancock (20th)
Bryce Horvath (21st)
Charles Peck (21st)
Travis Counihan (22nd)
Nicole Hayase (22nd)
India Frivaldi-Vargas (26th)
Courtney Morus (26th)
Noah Draper (27th)
Andre Leung (27th)
Thomas Van Schoor (27th)
Hunter Dennis (28th)
Naoto Hall (28th)
Ramon Mendoza III (28th)
Sara Mudallal (28th)